



**Director**  
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## Clinic of Diagnosis and Preventive Medicine

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### Clinical focus

- Early warning through pre-care diagnosis (health check)
- Prevention of cancer and cardiovascular diseases
- Integration of orthodox medicine and naturopathy
- Nutritional advice
- Continuous internal care



### Self-report

#### "We treat people and not diseases".

This maxim of holistic medicine represents the guiding light for our Clinic.

Under the leadership of Dr. Reinhold Lunow, a team of seven doctors and 20 additional staff looks after everything your health requires. In this way, preventive medicine is of prime importance. So it is better to heal than to allow a disease to exist.

The Clinic of Diagnosis focuses mainly on early warning, by means of the latest preventive diagnostic tests. A broad range of health checks aims to detect bodily weaknesses at an early stage.

The preventive medicine program especially offers early warning and prevention of cancer and cardiovascular diseases, the two most frequent causes of death.

The Clinic links the advantage of clinical examination procedures with the familiar personal touch of the atmosphere of a doctor's surgery.

With our preventive medicine program, to begin with, we consciously do away with X-ray examinations. A computer tomography (CT) of the heart or of the lungs is only rarely sensible.

The radiation dosage is much too high for these purely preventive examinations. Thus, the radiation dose with a CT of the lungs is about 300-400 higher than with a conventional X-ray examination of the lungs. Moreover, a preventive examination should prevent the risk of cancer and not increase it. The right approach for successful preventative medicine is to give nutrition greater importance. Consequently, two nutritional consultants are ready to give you professional recommendations for a healthy diet.

In the area of therapy, we merge methods of conventional medicine with naturopathy, homeopathy, acupuncture and traditional Chinese medicine.

With over 40,000 check ups so far, we have also acquired national recognition. Internationally recognized competitive athletes and also managers of large corporations have placed their trust in us. We carry out our individually customized health checks in compact form. Our "complete health check" lasts only 3-4 hours.

### Special Offers/Arrangements/Rooms

- Nationwide cooperation with medical experts
- Hotel reservations
- Flight transfers
- Continuous internal care

### Therapeutic spectrum

- Holistic medicine integrated with conventional medicine and naturopathy
- Acupuncture
- Classical homeopathy
- Herbal medicine
- Regeneration procedures
- Pain therapy
- Traditional Chinese medicine

### Diagnostic spectrum

- ECG
  - ECG under exertion
  - Echocardiography
  - Stress echocardiography
  - Color Doppler ultrasound of the carotid arteries
  - Color Doppler ultrasound of the leg vessels
  - Measurement of arterial stiffness
  - Light Reflection Rheography (LRR) of the veins
  - Ultrasound of the abdomen
  - Ultrasound of the thyroid glands
  - Lung function diagnosis
  - Oxygen measurement
  - Eye test with perimetry
  - Hearing test
  - Complete laboratory (we carry out examinations on more than 60 laboratory parameters)
  - Long-term ECG
  - Event recorder
  - Long-term blood pressure measurement
  - Gastroscopy
  - Sigmoidoscopy/coloscopy
  - Hydrogen breath test
  - Outpatients sleep-apnea diagnosis
  - Lactate threshold test
  - Bone mineral density test
  - Electromyogram
  - Early diagnosis of rheumatism
  - Eye pressure measurement
  - Body fat analysis
  - Allergy diagnosis
  - Nutritional advice
  - Skin check up
  - CT of coronary vessels\*
  - CT of the lungs\*
  - Open MRI\*
- \* in cooperation with the Betaklinik Bonn